

Pledge Your Commitment to Creating More Accessible and Inclusive Schools, Workplaces, and Communities

You can use your pledge form to communicate your commitment to creating more accessible, inclusive, and equitable schools, workplaces, and communities for people with disabilities. Below you will find some example pledges you can use for inspiration. Be sure to share your pledge on social media and tag us at @EasterSealsON using hashtags: #RedShirtDay #RedForAccessAbility

Sample Pledges for School Administrators and Teachers

These pledges are intended to inspire school administrators and teachers to commit to taking specific actions that promote accessibility and inclusion for people with disabilities. By writing out these pledges and sharing them on Red Shirt Day™, participants can make a public commitment to creating a more accessible and inclusive school environment.

- I pledge to create an accessibility plan for our school that outlines steps to remove physical barriers and promote accessibility throughout the school.
- I pledge to educate myself and others on disability and accessibility issues, including learning about different types of disabilities and how to provide appropriate support.
- I pledge to ensure that all school events and activities are fully accessible to all students, including those with disabilities.
- I pledge to work with students, families, and community members to create a more inclusive school culture that values and supports all students, regardless of ability.
- I pledge to provide regular training for all staff members on disability awareness and accessibility, including how to support students with disabilities in the classroom and other school settings.
- I pledge to review and update school policies and practices to ensure that they are inclusive of all students, including those with disabilities.
- I pledge to increase the availability of assistive technology and other supports for students with disabilities, such as accessible learning materials and devices.
- I pledge to collaborate with community organizations and disability advocates to create partnerships that promote accessibility and inclusion both in and outside of school.
- I pledge to implement a buddy or peer mentoring program to promote social inclusion and support.
- I pledge to work to increase the representation of individuals with disabilities in school activities and events, including student government and extracurricular activities.

Sample Pledges for Students

These are just a few examples of the types of pledges that students can commit to on Red Shirt Day™ to promote accessibility and inclusion. It's important to remember that creating a truly inclusive and accessible school environment requires ongoing effort and commitment, so these pledges should be seen as a starting point for ongoing action and improvement.

- I pledge to learn more about different types of disabilities and how to be a better ally to people with disabilities in our school and community.
- I pledge to stand up against bullying and discrimination of all kinds, including against people with disabilities, and to promote a culture of respect and inclusion in our school.
- I pledge to get involved in school activities and events that promote accessibility and inclusion, such as a buddy program or an awareness campaign.
- I pledge to speak up when I see barriers to accessibility or inclusion in our school or community, and to work with others to find solutions.
- I pledge to be patient and understanding with my classmates who have disabilities and to offer them support and friendship at every opportunity.
- I pledge to learn about accessible design and technology, and to advocate for its use in our school and community.
- I pledge to volunteer with organizations that support people with disabilities in our community, and to learn more about how I can make a difference.
- I pledge to encourage my friends and classmates to be more inclusive and welcoming to people with disabilities, and to lead by example.
- I pledge to celebrate the achievements and contributions of people with disabilities in our school and community, and to challenge negative stereotypes and attitudes.
- I pledge to use my voice and influence to make our school and community a more accessible and inclusive place for people of all abilities.



Sample Pledges for General Community Members

These pledges are intended to inspire people from all walks of life to commit to taking specific actions that promote accessibility and inclusion for people with disabilities. By writing out these pledges and sharing them on Red Shirt Day™, participants can make a public commitment to creating a more accessible and inclusive community.

- I pledge to educate myself on disability and accessibility issues, including learning about different types of disabilities and how to provide appropriate support.
- I pledge to advocate for increased accessibility and inclusion in my workplace, school, community spaces, and other areas where people gather.
- I pledge to speak out against ableism and discrimination of all kinds, and to promote a culture of respect and inclusion in my community.
- I pledge to volunteer with organizations that support people with disabilities in my community, and to learn more about how I can make a difference.
- I pledge to support and promote accessible design and technology in my community, and to advocate for its use in public spaces and buildings.
- I pledge to seek out and celebrate the achievements and contributions of people with disabilities in my community, and to challenge negative stereotypes and attitudes.
- I pledge to support and encourage my friends, family, and colleagues to be more inclusive and welcoming to people with disabilities.
- I pledge to work with community organizations and disability advocates to create partnerships that promote accessibility and inclusion in all areas of life.
- I pledge to learn about accessible transportation options in my community and to advocate for increased accessibility and affordable transportation options for people with disabilities.
- I pledge to use my voice and influence to make my community a more accessible and inclusive place for people of all abilities.

